



FRESH IDEAS FOR LINCOLNSHIRE



# YOUR PLEDGE

HEALTHIEROPTIONS@LINCOLNSHIRE.GOV.UK  
WWW.LINCOLNSHIRE.GOV.UK/HEALTHIEROPTIONS

Welcome to your first step in becoming a **HEALTHIER OPTIONS** member!

Use the tip sheets to design your pledge, and even add extra pledge points that are unique to your business (you can choose to include everything on the tip sheet as your pledge if you wish).

Business name: .....

Address: .....

Tel: ..... Email: .....

The staff and manager/s of the above business pledge to achieve the following pledge points (circle as applicable):

RESTAURANTS & TAKEAWAYS																														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27				
SANDWICH																														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21										
CHIPS																														
1	2	3	4	5	6	7	8	9	10	11	12	13																		
CHINESE RESTAURANTS & TAKEAWAYS																														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20											
INDIAN & SOUTH ASIAN RESTAURANTS																														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22									
ITALIAN RESTAURANTS																														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22									
PIZZA TAKEAWAYS																														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18													
LEISURE & FITNESS CENTRES																														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

Additional pledge points:

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We will complete this pledge by 

D	D	M	M	Y	Y	Y	Y
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 (maximum period of 3 months from date of pledge)

Signed: ..... Date: .....

The initiative is delivered jointly by Lincolnshire County Council, Boston Borough Council, City of Lincoln Council, East Lindsey District Council, North Kesteven District Council, South Holland District Council, South Kesteven District Council, and West Lindsey District Council.

