

A PROFILE OF THE ELDERLY IN WEST LINDSEY

February 2009

The Elderly in West Lindsey

Introduction

This report has been produced in order to provide a greater understanding of West Lindsey's older community and assist with the planning and delivery of services tailored to their needs.

For the purposes of this paper, people over the age of 65 have been regarded as elderly.

Key Facts coming out of this report (most significant shown in bold)

- Currently 1 in 5 residents in West Lindsey are 65 and over
By 2025 it is expected that this will increase to 1 in 4
- Currently 1 in 43 residents in West Lindsey are 85 and over
By 2025 it is expected that this will increase to 1 in 26
- Of the residents aged 65 and over, only 0.7% are in ethnic groups other than White
- 90% of those aged 65 and over and 85% of those aged 85 and over class themselves as Christians
- **8.4% of males aged 65-74 and 5% of females aged 65-74 are reported to have heart attacks**
- **8.3% of males over 75 and 6.7% of females over 75 are reported to have heart attacks**
- 3.2% of those aged 65-74 attend Accident and Emergency as a result of unintentional falls. **This increases to 9.4% of 75+ people.**
- 0.7% of those aged 65-74 are admitted to hospital as a result of unintentional falls. This increases to 3.7% of 75+ people.
- **Mobility issues** affect 8% of 65-74 year olds rising to **24% of over 75s**
- **Moderate or severe visual impairment** affects 5.6% of 65-74 year olds and **12.4% of over 75s**
- **44% of those aged 65 and over have a limiting long term illness**
- Just over 2% of over 65s have a learning disability and this is expected to rise only very slightly by 2025
- Those aged 65+ with moderate or severe learning disabilities and likely to be in receipt of services currently stands at 0.28% and is expected to be similar in 2025

- Of the total pensionable age population, 69.2% receive state pension only with **30.8% receiving state pension + at least one other state benefit**

Older People most at risk

- ***Aged 80+***
2025 projected increase is 14%
 - ***Living alone***
2025 projected increase of those aged 65-74 is 55%
2025 projected increase of those aged 75+ is 87%
 - ***Limiting long term illness and living alone***
2025 projected increase of those aged 65-74 is 53%
2025 projected increase of those aged 75+ is 94%
 - ***No access to car***
Lone pensioner households with no transport account for 32.5% of pensioner households
Households with more than one pensioner and with no transport account for 6% of pensioner households
 - ***Living in rented accommodation***
20.2% of 65-74 year olds live in rented accommodation
28.8% of 75-84 year olds live in rented accommodation
37.4% of those aged 85 and over live in rented accommodation

24.7% of over 65s live in rented accommodation
-

Demographic Change

A significant demographic change in England that has not been seen before is the ageing of the population, with the trend accelerating. The pattern is the same in West Lindsey.

The following table illustrates this trend, showing the population of older people as a percentage of the total population of West Lindsey projected to 2025.

	2008	2010	2015	2020	2025
Total population	89,500	92,500	99,800	107,000	113,900
Population aged 65 and over	17,300	18,700	22,500	25,700	29,400
Population aged 65 and over (% of total population)	19.33%	20.22%	22.55%	24.02%	25.81%
Population aged 85 and over	2,100	2,300	2,700	3,300	4,300
Population aged 85 and over (% of total population)	2.35%	2.49%	2.71%	3.08%	3.78%

Source: Office for National Statistics

From the above it is clear that the population aged 65 and over is set to increase and by 2025 will represent almost 26% of the total population of West Lindsey. The 85 and over age group is growing rapidly and by 2025 will have doubled, increasing to 3.78% of the population of West Lindsey.

It is unlikely that services appropriate for a 50 or 60 year old will continue to be appropriate when that person reaches the age of, say, 80 and provision needs to be made for the changes ahead.

Misconceptions relating to Older People

There are a number of fallacies relating to older people who are often perceived to be dependent, frail and disengaged. The following examples relating to older people in West Lindsey disprove such beliefs:

Only 4.6% of people over 65 live in care homes

- 1% of people between 65 and 74 live in care homes
- 4.6% of people between 75 and 84 live in care homes
- 21% of people over 85 live in care homes

Only 6.6% of people over 65 suffer from dementia

- 1.9% of people between 65 and 74 suffer from dementia
- 8.3% of people between 75 and 84 suffer from dementia
- 23.4% of people over 85 suffer from dementia

11.5% of people over 65 provide unpaid care to a partner, family member or other person

- 13.9% of people between 65 and 74 provide unpaid care
- 10.1% of people between 75 and 84 provide unpaid care
- 4.5% of people over 85 provide unpaid care

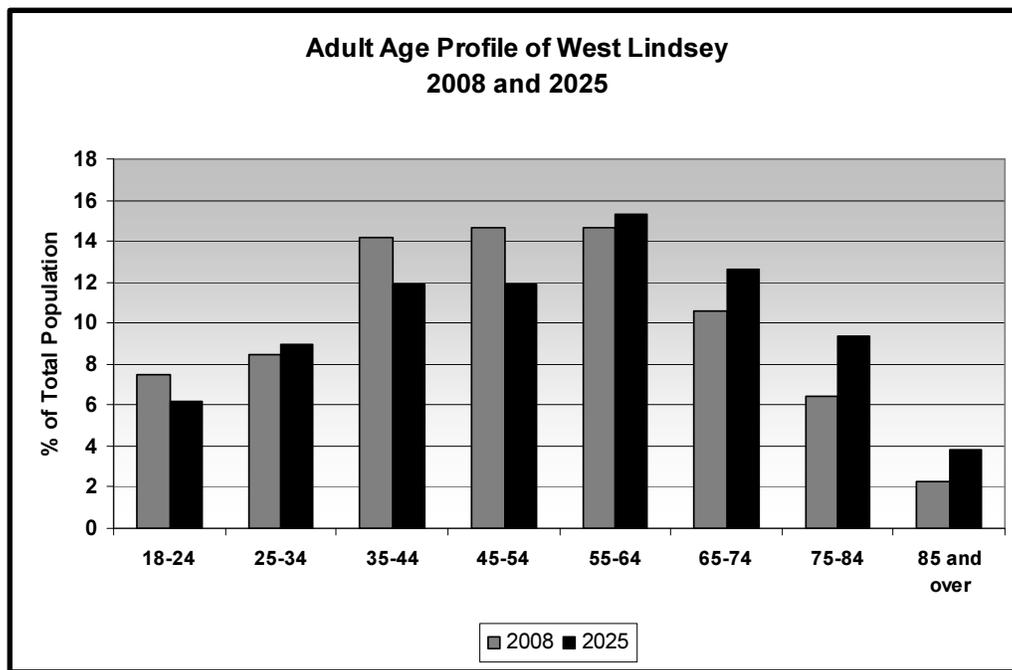
'Unpaid care' covers any unpaid help, looking after or supporting family members, friends, neighbours or others because of long-term physical or mental ill-health or disability or problems related to old age.

The Demographic Profile of West Lindsey

A good understanding of the local communities is important in order to underpin the strategic approach to an ageing population

Age Profile

The chart below shows the current adult age profile together with the projected profile to 2025. This shows very clearly the extent of the increasing ageing population.



Source: Office for National Statistics

Gender

The following table shows the current numbers of males and females in five year age bands together with the projections to 2025.

Population by gender (5 year age bands)					
	2008	2010	2015	2020	2025
Males aged 65-69	2,600	3,000	3,500	3,300	3,700
Males aged 70-74	2,100	2,200	2,800	3,400	3,200
Males aged 75-79	1,600	1,700	2,000	2,500	3,100
Males aged 80-84	1,000	1,100	1,300	1,600	2,100
Males aged 85 and over	700	800	1,000	1,400	1,800
Total males 65 and over	8,000	8,800	10,600	12,200	13,900
Females aged 65-69	2,600	2,900	3,700	3,600	4,000
Females aged 70-74	2,100	2,300	2,800	3,600	3,500
Females aged 75-79	1,800	1,800	2,100	2,600	3,300
Females aged 80-84	1,300	1,400	1,500	1,800	2,200
Females aged 85 and over	1,400	1,500	1,700	2,000	2,500
Total females 65 and over	9,200	9,900	11,800	13,600	15,500

Source: Office for National Statistics

The table overleaf shows the current 65 and over population by gender and age band (65-74, 75-84, 85 and over), as a percentage of the total 65 and over population with projections to 2025.

Population by gender (as a percentage of 65 and over population)					
	2008	2010	2015	2020	2025
Males aged 65-74	27.17%	27.81%	28.00%	26.07%	23.47%
Males aged 75-84	15.03%	14.97%	14.67%	15.95%	17.69%
Males aged 85 and over	4.05%	4.28%	4.44%	5.45%	6.12%
Total males 65 and over	46.24%	47.06%	47.11%	47.47%	47.28%
Females aged 65-74	27.17%	27.81%	28.89%	28.02%	25.51%
Females aged 75-84	17.92%	17.11%	16.00%	17.12%	18.71%
Females aged 85 and over	8.09%	8.02%	7.56%	7.78%	8.50%
Total females 65 and over	53.18%	52.94%	52.44%	52.92%	52.72%

Source: Office for National Statistics

Ethnicity

The table below shows the people of different ethnicities over the age of 65 as a percentage of the total population of each specific age band. From the table it can be seen that there are very few people in ethnic groups other than White and that these vary between the different age groups.

Ethnic Group	People aged 65-74	People aged 75-84	People aged 85 and over
White (this includes British, Irish and Other White)	99.06%	99.62%	99.63%
Mixed Ethnicity (this includes White and Black Caribbean; White and Black African; White and Asian; and Other Mixed)	0.14%	0.03%	0.11%
Asian or Asian British (this includes Indian; Pakistani; Bangladeshi; and Other Asian or Asian British)	0.43%	0.16%	0.05%
Black or Black British (this includes Black Caribbean; Black African; and Other Black or Black British)	0.27%	0.16%	0.19%
Chinese or other Ethnic Group	0.10%	0.03%	0.02%

Source: Office for National Statistics

Religion

The table below shows the percentages of the population in each of the age bands that have specific religious faiths. (Please note that this information is from the Census 2001.)

Religion	People aged 65-74	People aged 75-84	People aged 85 and over
Christians	89.74%	89.46%	85.28%
Buddhists	0%	0%	0.19%
Jews	0%	0%	0.19%
Sikhs	0%	0%	0.19%
Any other religion	0.13%	0.06%	0.19%
No religion	4.35%	2.43%	2.07%
Religion not stated	5.78%	8.06%	11.9%

Source: Office for National Statistics (Census 2001)

Health Issues

The following table shows the current percentage of people within each age group that suffer from the health issues specified.

Health Issue	People aged 65-74	People aged 75-84	People aged 85 and over
Depression	Over 65: 10%-15%		
Severe depression	Over 65: 3%- 5%		
Heart attack		Over 75:	
▪ Males	8.4%	8.3%	
▪ Females	5.0%	6.7%	
Stroke		Over 75:	
▪ Males	1.7%	5.4%	
▪ Females	1.2%	2.8%	
Bronchitis/emphysema		Over 75:	
▪ Males	3.4%	2.8%	
▪ Females	1.5%	1.4%	
Falls – A&E attendance	3.2%	Over 75 9.4%	
Falls – Hospital admissions	0.7%	Over 75: 3.7%	
Contenance		Over 65:	
▪ Males		7-10%	
▪ Females		10-20%	
Visual impairment (moderate or severe visual impairment)	5.6%	Over 75: 12.4%	
Mobility (unable to manage at least one mobility activity on their own)	8.0%	Over 75: 24.0%	

Source: Older People Population Information System)

Limiting Long Term Illness

The table below shows the percentage of people over the age of 65 who at the Census 2001 declared that they suffered with a limiting long term illness.

Limiting long term illness	2008
People aged 65-74 with limiting long term illness	37.72%
People aged 75-84 with a limiting long term illness	51.47%
People aged 85 and over with a limiting long term illness	54.57%
Total population aged 65 and over with a limiting long-term illness	44.29%

Source: Office for National Statistics (Census 2001)

Learning Disabilities

The first part of the following table shows the current percentages of people over the age of 65 with a learning disability together with projections to 2025. The second part of the table covers those who have moderate or severe learning disabilities and hence likely to be in receipt of services.

	2008	2010	2015	2020	2025
Learning disability					
People aged 65-74	2.16%	2.15%	2.16%	2.17%	2.17%
People aged 75-84	1.98%	1.50%	2.00%	2.02%	2.03%
People aged 85 and over	1.86%	1.87%	1.89%	1.94%	1.95%
Total population aged 65 and over	2.07%	2.07%	2.08%	2.09%	2.08%
Moderate or severe learning disability					
People aged 65-74	0.35%	0.36%	0.35%	0.35%	0.35%
People aged 75-84	0.21%	0.16%	0.20%	0.21%	0.21%
People aged 85 and over	0.19%	0.17%	0.19%	0.18%	0.19%
Total population aged 65 and over	0.28%	0.28%	0.29%	0.28%	0.28%

Life Expectancy

The most recent information available from the Lincolnshire PCT relating to West Lindsey reveals that life expectancy is **78.5 for males** and **80.8 for females**. This compares with 77.6 and 81.8 respectively nationally.

State pension

	Pensioners
Total population of pensionable age ¹	19,450
Total receiving state pension only	13,460
Proportion receiving state pension plus at least one other state benefit ²	30.8%
Proportion receiving state pension only	69.2%

Older People most at Risk

Older people most at risk should be targeted and the following tables show profiles and projections of each specific group:

- **Those aged 80+**

	2008	2010	2015	2020	2025
Males aged 80 and over	1,700	1,700	1,900	1,900	2,100
Females aged 80 and over	2,700	2,700	2,900	2,900	2,900
Total population aged 80 and over	4,400	4,400	4,800	4,800	5,000

¹ This total varies from other baseline data in this document as it covers pensionable age, ie, women aged 60 and over and men aged 65 and over

² Benefits covered include: Incapacity, carer, income related, disability, bereavement. It does not include housing benefit

- Those living alone

	2008	2010	2015	2020	2025
Males aged 65-74 living alone	799	884	1,071	1,139	1,173
Males aged 75 and over living alone	924	1,008	1,204	1,540	1,960
Females aged 65-74 living alone	1,551	1,716	2,145	2,376	2,475
Females aged 75 and over living alone	2,655	2,773	3,127	3,776	4,720
Total population aged 65-74 living alone	2,350	2,600	3,216	3,515	3,648
Total population aged 75 and over living alone	3,579	3,781	4,331	5,316	6,680

- Those with limiting long term illness and living alone

	2008	2010	2015	2020	2025
People aged 65-69 with a limiting long term illness, living alone	334	372	454	435	486
People aged 70-74 with a limiting long term illness, living alone	390	418	529	650	622
People aged 75-79 with a limiting long term illness, living alone	630	649	760	946	1,187
People aged 80-84 with a limiting long term illness, living alone	651	707	792	962	1,216
People aged 85 and over with a limiting long term illness, living alone	699	765	898	1,098	1,431
Total population aged 65-74 with a limiting long term illness, living alone	724	790	983	1,085	1,108
Total population aged 75 and over with a limiting long term illness, living alone	1,980	2,121	2,450	3,006	3,834

Source: Office for National Statistics (Census 2001)

- **Those with no access to car**

Transport	Pensioner households
Living alone with transport	1,878
Living alone without transport	2,841
Not living alone with transport	3,497
Not living alone without transport	531

Source: Office for National Statistics (Census 2001)

- **Those living in rented accommodation**

Tenure	People aged 65-74	People aged 75-84	People aged 85 and over
Owned	79.84%	71.24%	62.59%
Rented from council	3.45%	5.30%	6.23%
Other social rented	9.20%	13.76%	15.71%
Private rented or living rent free	7.50%	9.70%	15.47%

Source: Office for National Statistics (Census 2001)

The majority of elderly people may not require social care as they get older however they will all still need other core local services such as refuse collection. Some will need additional support to remain independent. These requirements can be met by age-proofing core services and by targeting older people who have developed early signs of isolation or ill health.

The Council can best prepare for an ageing population by making better use of demographic information and this paper is intended to help understand the pattern of population change and needs in West Lindsey with regards to the elderly in the district.

If you would like a copy of
this in large, clear print,
audio, Braille or in
another language, please
telephone

01427 676676

Guildhall, Marshall's Yard
Gainsborough, Lincolnshire DN21
2NA
Tel: 01427 676676 Fax: 01427
675170
DX 27214 Gainsborough

www.west-lindsey.gov.uk

